

Child Mental Health Assessments

Thank you for considering Fluence Clinic. Our skilled child psychiatrist, Dr Murugesh, offers assessments via telehealth. This means your child can attend appointments from the place they feel most comfortable.

For Child Mental Health assessments, we accept patients aged 10-17 from anywhere in Australia. This guide explains how to book your child's assessment, which starts with getting a referral from their GP.

What are the next steps to booking their assessment? ▼

And what are the fees & wait times? ➤

Send us their GP's referral

See page 2 for requirements

1

Complete forms & payment

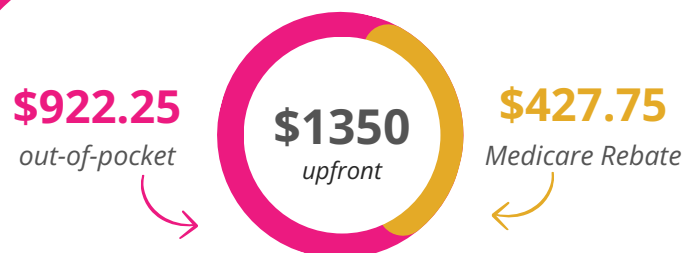
See page 4 for details

2

Book their assessment

See page 4 for details

3



The assessment costs **\$1350**, with a Medicare rebate of **\$427.75** available.





This makes the **out-of-pocket cost \$922.25**. There are no surprise additional costs.

Our current wait is 1-4 weeks on average for our child mental health assessments.

How do I book their assessment?

Get a valid referral from their GP

Please make sure the GP's referral includes the key requirements below to avoid any delays.

-  **Is addressed to Fluence Clinic or is an open referral.**
We cannot accept referrals addressed elsewhere specifically.
-  **Clearly states the purpose of the referral**, for example "I am referring this patient for a mental health assessment."
-  **Includes the relevant Medicare Item Code**, which is 291.
-  **Ideally includes confirmation of their GP's willingness to co-prescribe** as follows: "I am willing to do the prescribing, including initiation, under the guidance of the psychiatrist if medication is recommend for this patient." *Medication may not be recommended, however it is, we co-prescribe with GPs. We do not provide scripts.*

Note: These requirements are in addition to standard referral items like your contact details, medical history, medications, symptoms, clinic & GP provider details, etc.

Send to referrals@fluenceclinic.com for processing

Please do NOT contact us to check if the referral was received.

For privacy reasons, referral emails from GPs are usually sent without identifying information, making it impossible for our team to search our referrals inbox to verify receipt until after they're processed by our team.

We typically process referrals within 3 business days before sending you a text with the next steps to book your child's mental health assessment.

A 'Perfect Referral' Example for a 291 Assessment

TO:
Psychiatrist
Fluence Clinic
Boat Harbour Beach
Office Tasmania, 7321

Addressed to Fluence Clinic

13/03/2023

Medical Centre
123 Example Street
Phone: 03 1234 5678
info@medical.com.au

Re: [Patient Name]
[Patient D.O.B]
[Patient address & contact details]

Medicare Item Code: 291

Medicare Item Code

Dear Psychiatrist,

Thank you for seeing [Patient], a 15 year old female. [Patient] reports a loss of interest in activities, changes in appetite, sleep disturbances, fatigue, feeling irritable, and general anxiety.

I would appreciate you seeing [Patient] for a 291 mental health assessment for opinion and report.

I am willing to do the prescribing, including initiation, under the guidance of the psychiatrist if medication is recommend for this patient.

Purpose of Referral &
Co-prescribing Confirmation

[Patient] has been under my care since [Date], and during this period, I have observed [Patient] to be suggestive of ASD and depression. [Patient] has family history of ASD; mother a diagnosed anxiety disorder.

[Patient] was prescribed [medication] by one of [their] previous GPs prior to [their] review with me. Dosage has been increased to 30 mg which has not shown much improvement, and now maintains dosage at around 20 mg once daily, and takes 7.5 mg of [medication] to assist with sleep.

[Patient] used to see [their] counsellor, [counsellor name], for [condition]. [Their] DASS 21 today is D13, A12 S12.

CURRENT MEDICATION:

[Medication] 20mg Tablet 1 Tablet Daily as directed
[Medication] 15mg Tablet ½ Before Bed as directed

Past medical history: None recorded
Allergies: Nil **Drinking Status:** Non drinker
Smoking Status: Social smoker, no drug use

[Patient] has no previous hospital admissions or history of suicidal ideation or self harm.

I look forward to hearing from you regarding a diagnostic report and assessment for [Patient]. Please do not hesitate to contact me if you have any further questions.

Yours sincerely,



Dr Firstname Lastname
MBBS, FRACGP
504921MK

We'd appreciate copies of any previous mental health reports, letters, and copies of any recent tests (bloods, ECG, or mental health related) sent to us with the referral.

What happens after the referral is processed?

Here's what to expect after you receive the 'next steps' text from us:

Complete Forms

Complete the pre-booking forms we'll send to you.

These include a form for a parent to complete, too.

Make Payment

Pay for the appt. via online payment or bank transfer.

You'll receive the rebate 1-2 weeks post-appointment.*

Book In Online

Once forms & fees are received, you'll be ready to book.

You'll pick a date & time in the booking calendar sent to you.

Appointment

Your child will have their telehealth appointment with the psychiatrist.

The appointment lasts for 45-60 mins.

What can you expect leading up to their mental health assessment?

3 days before: The psychiatrist will take time to review all provided form responses & any additional documents.

24 hours before: The telehealth link is sent via email.

60 minutes before: A reminder SMS is sent to you.

**This is based on typical Medicare processing times after you have submitted your claim to Medicare. We cannot claim on your behalf. If you have had a 291 rebate in the past 12 months, you will not be eligible for another 291 rebate yet.*

